



CORPORATE MENU

ORDERING GUIDE

TO PLACE YOUR ORDER PLEASE EMAIL
ORDER@FRESHFOODSCATERING.COM
OR CALL 713.484.9000

24 HOURS NOTICE PLEASE CALL US FOR DELIVERY INFORMATION

Contact us for early morning and weekend deliveries.

\$200.00 minimum food order for deliveries. Delivery charges determined by zip code.

ADDITIONS

Wireframe Chafer with Aluminium Waterpan and Sterno \$14.50 each.
ECO Friendly Ware \$1.50/guest,
Quality Plastic Ware \$2.50/guest.

All items subject to availability. Prices subject to change without notice.

PAYMENT

Fresh Foods Catering accepts Corporate Checks, Visa, MasterCard, American Express and Discover.

A credit card is required at least one (1) day before event date to secure your catering order.

CANCELLATION

24-hour notice is required to avoid a 100% cancellation fee, including for inclement weather.

TAX

8.25% sales tax will be added to all orders. Tax exempt customers must supply a certificate at least five (5) days prior to event date.

GREAT BEGINNINGS BREAKFASTS

MINIMUM FOOD ORDER \$200.00

MIGAS CASSEROLE

MINIMUM 10

Creamy scrambled eggs layered with tortilla chips, salsa, Monterrey Jack and cheddar cheese. Offered with a sliced fresh fruit tray and breakfast potatoes

\$8.95/ GUEST

BREAKFAST TACOS SERVED WITH SALSA

MINIMUM 10 PER KIND

Choice of Bacon and Egg, Sausage and Egg, Potato and Egg or Black Bean and Egg

\$2.95/ EACH

WITH SHREDDED CHEESE \$ 3.25/ EACH

SCRAMBLED EGGS AND BACON

MINIMUM 10

Creamy scrambled eggs and crispy bacon offered with biscuits, butter and jelly

\$7.75/ GUEST

SMOKED SALMON

Sliced smoked salmon with cream cheese, thinly sliced purple onions, tomatoes, cucumbers and capers with assorted freshly baked bagels

SMALL SERVES 10 \$105.00

LARGE SERVES 20 \$210.00

HOMEMADE PANCAKES

MINIMUM 10 PER KIND

Regular, Blueberry, or Chocolate Chip

Served with warm maple syrup and butter

\$4.50/ GUEST

INDIVIDUAL YOGURT, BERRY AND GRANOLA PARFAITS

MINIMUM 10

\$3.95 EACH

ASK US ABOUT OUR CUSTOM OMELETTES
& BELGIAN WAFFLE STATIONS

BEVERAGES

FRESHLY SQUEEZED ORANGE JUICE

\$25.00/ GALLON

FRESHLY SQUEEZED LEMONADE

\$18.50/ GALLON

ASSORTED JUICE BOTTLES

\$2.25 EACH

ASSORTED SODAS

Coke, Diet Coke, Dr. Pepper,

Diet Dr. Pepper and Sprite

\$2.00 EACH

INDIVIDUAL BOTTLED WATER

\$1.50 EACH

SPARKLING WATER

\$3.50 EACH

FRESH BREWED ICED TEA

REGULAR \$15.00/ GALLON

FLAVORED \$17.50/ GALLON

HOT TEA

\$17.50/ GALLON



WHOLE BREAKFAST QUICHE

Ham & Cheese, Spinach & Sun-Dried Tomato, Wild Mushroom, Black Bean or Poached Salmon & Dill

\$21.95-\$28.50 EACH

BAGELS

Assorted freshly baked

New York Style bagels offered with cream cheese

\$48.00 PLATTER (2 DOZEN)

ASSORTED BREAKFAST PASTRIES

Includes a variety of freshly baked, Danish, Muffins and Breakfast Breads

\$75.00 PLATTER (2 DOZEN)

CINNAMON VANILLA FRENCH TOAST

MINIMUM 10

Slices of our homemade French toast served with maple syrup and a seasonal fruit tray

\$8.95/ GUEST

ENGLISH MUFFIN BREAKFAST SANDWICH

MINIMUM 10

Egg, Canadian Bacon and Cheese

\$4.50 EACH

BREAKFAST SIDES

MINIMUM 10 PER SELECTION

Bacon, Sausage, Canadian Bacon, Breakfast Potatoes or Sweet Potato Hash

\$3.00 - \$3.50/ GUEST

FRESH FRUIT TRAY

A selection of ripe seasonal fruits that include sweet melons, pineapple, grapes and berries

SMALL SERVES 10 TO 15 \$45.00

MEDIUM SERVES 20 TO 25 \$60.00

LARGE SERVES 30 TO 35 \$75.00

COFFEE SERVICE

Select from

Regular and Decaffeinated

\$30.00/ GALLON

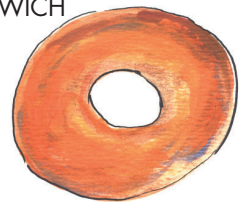
SERVED IN INSULATED CONTAINER,
CUPS AND CONDIMENTS

STYROFOAM ICE CHEST

\$7.50 EACH

BAG OF ICE

\$6.50 EACH



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COOL LUNCH FAVORITES

MINIMUM FOOD ORDER \$200.00

SANDWICH BOX LUNCHES

Food is attractively presented in our Fresh Foods Catering boxes complete with disposable cutlery napkin packet and condiments. Offered on fresh-baked whole wheat and white breads. Croissant \$1.00 each, Ciabatta additional \$1.00 each

MINIMUM 10 PER SELECTION

SANDWICH, CHEF'S PASTA
SALAD, FRESH FRUIT CUP
AND A GIANT COOKIE
\$12.50 EACH

SANDWICH, POTATO CHIPS
AND A GIANT COOKIE
\$10.00 EACH

CHOOSE FROM OUR FRESH SANDWICH SELECTIONS:

Turkey and Provolone, Roast Beef and Cheddar (Add .75¢), Ham and Swiss, Classic Chicken Salad, Tuna Salad, Grilled Vegetable and Grilled Chicken Breast

SALAD BOX LUNCHES

Salad box lunches come with a fresh-baked roll and a giant cookie. Also available buffet style

MINIMUM 10 PER SELECTION

GREEK SALAD
Romaine lettuce with tomatoes,
cucumbers, Kalamata black olives,
red onion and feta cheese
\$10.95 PER GUEST
WITH CHICKEN \$12.95 PER GUEST

GARDEN SALAD WITH
PECAN CRUSTED CHICKEN TENDERS
Creole Mustard Sauce or
Ranch Dressing
\$12.75 PER GUEST

CAESAR SALAD
\$10.75 PER GUEST
WITH CHICKEN \$12.75 PER GUEST

SALAD TRIO
Choice of Chicken or Tuna Salad
with Chef's Pasta Salad and
Fresh Fruit Salad
\$12.50 PER GUEST

FRESH SANDWICH TRAY

An array of hearty sandwiches made on fresh-baked breads with lettuce and tomato; condiments offered on the side. Offered on fresh-baked whole wheat and white breads

Croissant or Ciabatta add \$1.00 each
Gluten-Free add \$.50

MINIMUM 10
\$6.95 EACH

Choose from our fresh sandwich selections:

Turkey and Provolone, Roast Beef and Cheddar (Add .75¢), Ham and Swiss, Classic Chicken Salad, Tuna Salad, Grilled Vegetable and Grilled Chicken Breast



POTATO CHIPS

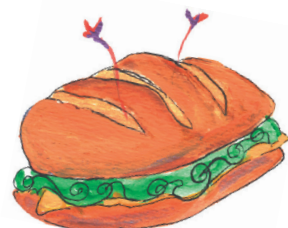
ASSORTED INDIVIDUAL BAGS
OF POTATO CHIPS
\$1.25 EACH

COOKIES

MINIMUM 10
ASSORTED FRESH BAKED
COOKIES
\$2.50 EACH

FRESH SIDE SALADS

MINIMUM 10 PER SELECTION
Choose from:
Chef's Pasta Salad, Homemade
Potato Salad, Garden Salad,
Caesar Salad, Fresh Fruit Salad
\$3.00 - \$4.00 PER SERVING



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HOT DELICIOUS BUFFET

MINIMUM FOOD ORDER \$200.00

All meals come with a salad, fresh-baked rolls and butter.
Disposable Plates, Plastic Silverware, Paper Napkinse as follows:
ECO Friendly Ware \$1.50/guest, Plastic Ware \$2.50/guest, *Disposable
serving utensils available. Wireframe Chafer Set \$14.50 each.

MINIMUM 10 PER ENTRÉE SELECTION

PASTA WITH LEMON CAPER SHRIMP

Pasta with sautéed shrimp, asparagus spears,
mushrooms and herbs in a lemon caper beurre blanc
\$17.95

CHICKEN SCALOPPINI

Boneless, skinless chicken breast in fresh bread crumbs
and Parmesan cheese, pan-fried and
served with sun-dried tomato pasta
\$13.95

GRILLED CHICKEN PASTA

Pasta, sliced grilled chicken, broccoli and diced
tomatoes in a creamy fresh mushroom sauce
\$13.95

CHICKEN ROULADE

Boneless chicken breast stuffed with goat
cheese, spinach and roasted red pepper with
a lemon butter sauce and rice primavera
\$15.95

GRILLED SALMON

Tender grilled filet of salmon with beurre blanc
and lime cilantro rice
\$18.95

SOUTHWESTERN CREPES

Choose from delicate crepes with a delicious
chicken or spinach stuffing. Topped with roasted
poblano sauce and served with rice pilaf
\$13.95



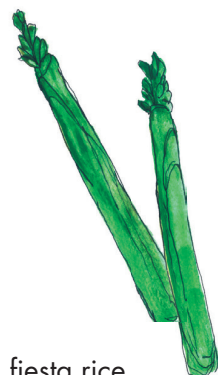
EGGPLANT STRATTA

Layers of breaded eggplant, spinach, ricotta and
sun-dried tomatoes with a delicious marinara sauce
\$13.95

FRESH FOODS CATERING SIDES

MINIMUM 10 PER SELECTION

Choose from: Green Beans, Steamed Vegetables,
Garlic Mashed Potatoes, Roasted Potatoes, Black
Beans, Almond Rice Pilaf, Okra and Tomatoes, Garlic
Spinach or Rice Primavera \$3.50 - \$4.50 per person
Grilled Asparagus or Grilled Vegetables \$4.00



HOMEMADE MEATLOAF

Homemade meatloaf with mushroom
gravy and mashed potatoes
\$13.95

ENCHILADAS VERDES

Choose from Chicken or Vegetarian
enchiladas with tomatillo sauce and fiesta rice
\$13.95

GRILLED CHICKEN BREAST

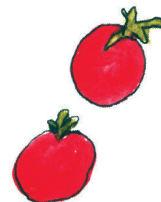
Grilled boneless chicken breast with savory herbs and
garlic mashed potatoes
\$13.50

BLACKENED CHICKEN BREAST

Blackened boneless chicken breast served with red
beans and rice
\$13.95

HOMEMADE LASAGNA

Select Beef, Spinach or Southwest Chick
Served with fresh-baked garlic bread
\$13.95

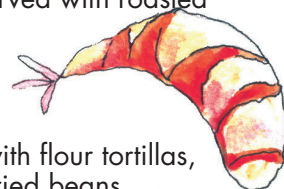


LAYERED VEGETARIAN

Fresh mozzarella, sun-dried tomatoes, organic baby
spinach and eggplant
\$14.50

SESAME CHICKEN

Boneless chicken breast in fresh bread crumbs and
sesame seeds, pan-fried and served with roasted
potatoes
\$13.95



FAJITAS

Beef or chicken fajitas served with flour tortillas,
grilled onions and peppers, refried beans,
fiesta rice, tortilla chips, salsa and all the trimmings

BEEF AND CHICKEN \$16.95

ADD SHRIMP \$6.50

ADD CHILE CON QUESO \$3.50

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LAST BUT NOT LEAST...

DESSERTS

ASSORTED DESSERT BARS

Brownie, Lemon and Toffee Bars

\$35.40 SMALL (12)

\$70.80 MEDIUM (24)

\$106.20 LARGE (36)

ASSORTED COOKIES

Chocolate Chip, Oatmeal Raisin and
White Chocolate Macadamia

\$30.00 SMALL (12)

\$45.00 MEDIUM (18)

\$60.00 LARGE (24)

DESSERT TRIANGLES

\$21.00/DOZEN

CHEESECAKE

New York style vanilla cheesecake

\$47.40 PLATTER (SERVES 12)

ASSORTED CAKE SQUARES

Italian Crème Cake, Carrot Cake and
Chocolate Ganache

\$45.00 PER PLATTER

CHOCOLATE MOUSSE

Chef's decadent chocolate mousse

\$45.00 /BOWL SERVES 10-12

FRESH SEASONAL BERRY TRIFLE

Chef's trifle layered with pound cake,
creamy custard and seasonal berries

\$49.50 /BOWL SERVES 10-12

ASSORTED DESSERT TRAY

Chef's selection of our assorted delicious desserts
Cheesecake, Seasonal Pie and Cake Squares

\$54.00 PLATTER (SERVES 12)

CHOCOLATE DIPPED STRAWBERRIES

MINIMUM 2 DOZEN

\$24.00 /DOZEN

BEVERAGES

FRESHLY SQUEEZED ORANGE JUICE

\$25.00/ GALLON

FRESHLY SQUEEZED LEMONADE

\$18.50/ GALLON

ASSORTED JUICE BOTTLES

\$2.25 EACH

ASSORTED SODAS

Coke, Diet Coke, Dr. Pepper,
Diet Dr. Pepper and Sprite

\$2.00 EACH

INDIVIDUAL BOTTLED WATER

\$1.50 EACH

SPARKLING WATER

\$3.95 EACH

FRESH BREWED ICED TEA

REGULAR \$15.00/ GALLON

FLAVORED \$17.50/ GALLON

HOT TEA

QUALITY TEA BAGS, SUGARS, LEMON

INSULATED TO GO CONTAINER

\$17.50

COFFEE SERVICE (SERVES 10-12)

SERVED WITH CUPS, CONDIMENTS AND IN AN
INSULATED TO GO CONTAINER

REGULAR OR DECAFFEINATED

\$30.00

STYROFOAM ICE CHEST

\$7.50 EACH

BAG OF ICE

\$6.50 EACH



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