



# CORPORATE MENU

## ORDERING GUIDE

TO PLACE YOUR ORDER PLEASE EMAIL  
[ORDER@FRESHFOODSCATERING.COM](mailto:ORDER@FRESHFOODSCATERING.COM)  
OR CALL 713.484.9000

### 24 HOURS NOTICE PLEASE CALL US FOR DELIVERY INFORMATION

**Contact us for early morning and weekend deliveries.**

\$200.00 minimum food order for deliveries. Delivery charges determined by zip code.

### ADDITIONS

Wireframe Chafer with Aluminium Waterpan and Sterno \$14.50 each.  
ECO Friendly Ware \$1.50/guest,  
Quality Plastic Ware \$2.50/guest.

*All items subject to availability. Prices subject to change without notice.*

### PAYMENT

Fresh Foods Catering accepts Corporate Checks, Visa, MasterCard, American Express and Discover.

A credit card is required at least one (1) day before event date to secure your catering order.

### CANCELLATION

24-hour notice is required to avoid a 100% cancellation fee, including for inclement weather.

### TAX

8.25% sales tax will be added to all orders. Tax exempt customers must supply a certificate at least five (5) days prior to event date.

# GREAT BEGINNINGS BREAKFASTS

MINIMUM FOOD ORDER \$200.00

## MIGAS CASSEROLE

MINIMUM 10

Creamy scrambled eggs layered with tortilla chips, salsa, Monterrey Jack and cheddar cheese. Offered with a sliced fresh fruit tray and breakfast potatoes  
\$8.95/ GUEST

## BREAKFAST TACOS SERVED WITH SALSA

MINIMUM 10 PER KIND

Choice of Bacon and Egg, Sausage and Egg, Potato and Egg or Black Bean and Egg  
\$2.95/ EACH

WITH SHREDDED CHEESE \$ 3.25/ EACH

## SCRAMBLED EGGS AND BACON

MINIMUM 10

Creamy scrambled eggs and crispy bacon offered with biscuits, butter and jelly  
\$7.75/ GUEST

## SMOKED SALMON

Sliced smoked salmon with cream cheese, thinly sliced purple onions, tomatoes, cucumbers and capers with assorted freshly baked bagels

SMALL SERVES 10 \$105.00

LARGE SERVES 20 \$210.00

## HOMEMADE PANCAKES

MINIMUM 10 PER KIND

Regular, Blueberry, or Chocolate Chip  
Served with warm maple syrup and butter

\$4.50/ GUEST

## INDIVIDUAL YOGURT, BERRY AND GRANOLA PARFAITS

MINIMUM 10

\$3.95 EACH

ASK US ABOUT OUR CUSTOM OMELETTES  
& BELGIAN WAFFLE STATIONS

## BEVERAGES

FRESHLY SQUEEZED ORANGE JUICE  
\$25.00/ GALLON

FRESHLY SQUEEZED LEMONADE  
\$18.50/ GALLON

ASSORTED JUICE BOTTLES  
\$2.25 EACH

ASSORTED SODAS  
Coke, Diet Coke, Dr. Pepper,  
Diet Dr. Pepper and Sprite  
\$2.00 EACH

INDIVIDUAL BOTTLED WATER  
\$1.50 EACH

SPARKLING WATER  
\$3.50 EACH

FRESH BREWED ICED TEA  
REGULAR \$15.00/ GALLON  
FLAVORED \$17.50/ GALLON

HOT TEA  
\$17.50/ GALLON



## WHOLE BREAKFAST QUICHE

Ham & Cheese, Spinach & Sun-Dried Tomato, Wild Mushroom, Black Bean or Poached Salmon & Dill  
\$21.95-\$28.50 EACH

## BAGELS

Assorted freshly baked  
New York Style bagels offered with cream cheese  
\$48.00 PLATTER (2 DOZEN)

## ASSORTED BREAKFAST PASTRIES

Includes a variety of freshly baked, Danish, Muffins and Breakfast Breads  
\$75.00 PLATTER (2 DOZEN)

## CINNAMON VANILLA FRENCH TOAST

MINIMUM 10

Slices of our homemade French toast served with maple syrup and a seasonal fruit tray  
\$8.95/ GUEST

## ENGLISH MUFFIN BREAKFAST SANDWICH

MINIMUM 10

Egg, Canadian Bacon and Cheese  
\$4.50 EACH

## BREAKFAST SIDES

MINIMUM 10 PER SELECTION

Bacon, Sausage, Canadian Bacon, Breakfast Potatoes or Sweet Potato Hash  
\$3.00 - \$3.50/ GUEST

## FRESH FRUIT TRAY

A selection of ripe seasonal fruits that include sweet melons, pineapple, grapes and berries

SMALL SERVES 10 TO 15 \$45.00

MEDIUM SERVES 20 TO 25 \$60.00

LARGE SERVES 30 TO 35 \$75.00

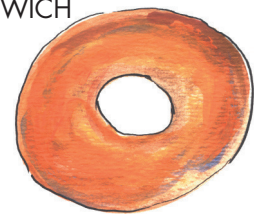
## COFFEE SERVICE

Select from  
Regular and Decaffeinated  
\$30.00/ GALLON

SERVED IN INSULATED CONTAINER,  
CUPS AND CONDIMENTS

STYROFOAM ICE CHEST  
\$7.50 EACH

BAG OF ICE  
\$6.50 EACH



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## COOL LUNCH FAVORITES

MINIMUM FOOD ORDER \$200.00

### SANDWICH BOX LUNCHES

Food is attractively presented in our Fresh Foods Catering boxes complete with disposable cutlery napkin packet and condiments. Offered on fresh-baked whole wheat and white breads. Croissant \$1.00 each, Ciabatta additional \$1.00 each

MINIMUM 10 PER SELECTION

SANDWICH, CHEF'S PASTA  
SALAD, FRESH FRUIT CUP  
AND A GIANT COOKIE  
\$12.50 EACH

SANDWICH, POTATO CHIPS  
AND A GIANT COOKIE  
\$11.00 EACH

CHOOSE FROM OUR FRESH SANDWICH SELECTIONS:

Turkey and Provolone, Roast Beef and Cheddar (Add .75¢), Ham and Swiss, Classic Chicken Salad, Tuna Salad, Grilled Vegetable and Grilled Chicken Breast

### SALAD BOX LUNCHES

Salad box lunches come with a fresh-baked roll and a giant cookie. Also available buffet style

MINIMUM 10 PER SELECTION

GREEK SALAD  
Romaine lettuce with tomatoes,  
cucumbers, Kalamata black olives,  
red onion and feta cheese  
\$11.50 PER GUEST  
WITH CHICKEN \$13.50 PER GUEST

CAESAR SALAD  
\$10.95 PER GUEST  
WITH CHICKEN \$12.95 PER GUEST

GARDEN SALAD WITH  
PECAN CRUSTED CHICKEN TENDERS  
Creole Mustard Sauce or  
Ranch Dressing  
\$13.95 PER GUEST

SALAD TRIO  
Choice of Chicken or Tuna Salad  
with Chef's Pasta Salad and  
Fresh Fruit Salad  
\$12.50 PER GUEST

### FRESH SANDWICH TRAY

An array of hearty sandwiches made on fresh-baked breads with lettuce and tomato; condiments offered on the side. Offered on fresh-baked whole wheat and white breads

Croissant or Ciabatta add \$1.00 each

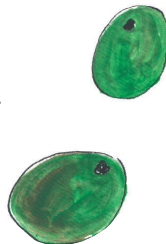
Gluten-Free add \$.50

MINIMUM 10

\$7.50 EACH

Choose from our fresh sandwich selections:

Turkey and Provolone, Roast Beef and Cheddar (Add .75¢), Ham and Swiss, Classic Chicken Salad, Tuna Salad, Grilled Vegetable and Grilled Chicken Breast



### POTATO CHIPS

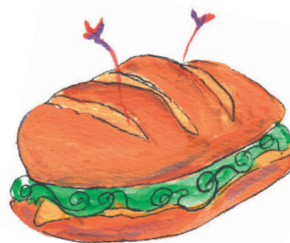
ASSORTED INDIVIDUAL BAGS  
OF POTATO CHIPS  
\$1.25 EACH

### COOKIES

MINIMUM 10  
ASSORTED FRESH BAKED  
COOKIES  
\$2.50 EACH

### FRESH SIDE SALADS

MINIMUM 10 PER SELECTION  
Choose from:  
Chef's Pasta Salad, Homemade  
Potato Salad, Garden Salad,  
Caesar Salad, Fresh Fruit Salad  
\$3.50 - \$4.50 PER SERVING



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## HOT DELICIOUS BUFFET

**MINIMUM FOOD ORDER \$200.00**

All meals come with a salad, fresh-baked rolls and butter.  
Disposable Plates, Plastic Silverware, Paper Napkinse as follows:  
ECO Friendly Ware \$1.50/guest, Plastic Ware \$2.50/guest, \*Disposable  
serving utensils available. Wireframe Chafer Set \$14.50 each.

**MINIMUM 10 PER ENTRÉE SELECTION**

### PASTA WITH LEMON CAPER SHRIMP

Pasta with sautéed shrimp, asparagus spears,  
mushrooms and herbs in a lemon caper beurre blanc  
\$17.95

### CHICKEN SCALOPPINI

Boneless, skinless chicken breast in fresh bread crumbs  
and Parmesan cheese, pan-fried and  
served with sun-dried tomato pasta  
\$13.95

### GRILLED CHICKEN PASTA

Pasta, sliced grilled chicken, broccoli and diced  
tomatoes in a creamy fresh mushroom sauce  
\$13.95

### CHICKEN ROULADE

Boneless chicken breast stuffed with goat  
cheese, spinach and roasted red pepper with  
a lemon butter sauce and rice primavera  
\$15.95

### GRILLED SALMON

Tender grilled filet of salmon with beurre blanc  
and lime cilantro rice  
\$18.95

### SOUTHWESTERN CREPES

Choose from delicate crepes with a delicious  
chicken or spinach stuffing. Topped with roasted  
poblano sauce and served with rice pilaf  
\$13.95



### EGGPLANT STRATTA

Layers of breaded eggplant, spinach, ricotta and  
sun-dried tomatoes with a delicious marinara sauce  
\$13.95

## FRESH FOODS CATERING SIDES

**MINIMUM 10 PER SELECTION**

Choose from: Green Beans, Steamed Vegetables,  
Garlic Mashed Potatoes, Roasted Potatoes, Black  
Beans, Almond Rice Pilaf, Okra and Tomatoes, Garlic  
Spinach or Rice Primavera \$3.50 - \$4.50 per person  
Grilled Asparagus or Grilled Vegetables \$4.00



### HOMEMADE MEATLOAF

Homemade meatloaf with mushroom  
gravy and mashed potatoes  
\$13.95

### ENCHILADAS VERDES

Choose from Chicken or Vegetarian  
enchiladas with tomatillo sauce and fiesta rice  
\$13.95

### GRILLED CHICKEN BREAST

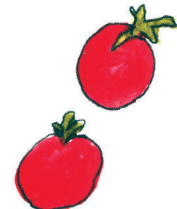
Grilled boneless chicken breast with savory herbs and  
garlic mashed potatoes  
\$13.50

### BLACKENED CHICKEN BREAST

Blackened boneless chicken breast served with red  
beans and rice  
\$13.95

### HOMEMADE LASAGNA

Select Beef, Spinach or Southwest Chick  
Served with fresh-baked garlic bread  
\$13.95

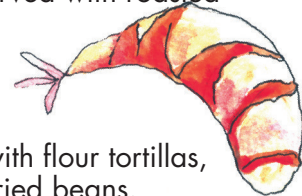


### LAYERED VEGETARIAN

Fresh mozzarella, sun-dried tomatoes, organic baby  
spinach and eggplant  
\$14.50

### SESAME CHICKEN

Boneless chicken breast in fresh bread crumbs and  
sesame seeds, pan-fried and served with roasted  
potatoes  
\$13.95



### FAJITAS

Beef or chicken fajitas served with flour tortillas,  
grilled onions and peppers, refried beans,  
fiesta rice, tortilla chips, salsa and all the trimmings

BEEF AND CHICKEN \$16.95

ADD SHRIMP \$6.50

ADD CHILE CON QUESO \$3.50

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# LAST BUT NOT LEAST...

## DESSERTS

### ASSORTED DESSERT BARS

Brownie, Lemon and Toffee Bars

\$35.40 SMALL (12)

\$70.80 MEDIUM (24)

\$106.20 LARGE (36)

### ASSORTED COOKIES

Chocolate Chip, Oatmeal Raisin and  
White Chocolate Macadamia

\$30.00 SMALL (12)

\$45.00 MEDIUM (18)

\$60.00 LARGE (24)

### DESSERT TRIANGLES

\$21.00/DOZEN

### CHEESECAKE

New York style vanilla cheesecake

\$47.40 PLATTER (SERVES 12)

### ASSORTED CAKE SQUARES

Italian Crème Cake, Carrot Cake and  
Chocolate Ganache

\$45.00 PER PLATTER

### CHOCOLATE MOUSSE

Chef's decadent chocolate mousse

\$45.00 /BOWL SERVES 10-12

### FRESH SEASONAL BERRY TRIFLE

Chef's trifle layered with pound cake,  
creamy custard and seasonal berries

\$49.50 /BOWL SERVES 10-12

### ASSORTED DESSERT TRAY

Chef's selection of our assorted delicious desserts  
Cheesecake, Seasonal Pie and Cake Squares

\$54.00 PLATTER (SERVES 12)

### CHOCOLATE DIPPED STRAWBERRIES

MINIMUM 2 DOZEN

\$24.00 /DOZEN

## BEVERAGES

### FRESHLY SQUEEZED ORANGE JUICE

\$25.00/ GALLON

### FRESHLY SQUEEZED LEMONDADE

\$18.50/ GALLON

### ASSORTED JUICE BOTTLES

\$2.25 EACH

### ASSORTED SODAS

Coke, Diet Coke, Dr. Pepper,

Diet Dr. Pepper and Sprite

\$2.00 EACH

### INDIVIDUAL BOTTLED WATER

\$1.50 EACH

### SPARKLING WATER

\$3.95 EACH

### FRESH BREWED ICED TEA

REGULAR \$15.00/ GALLON

FLAVORED \$17.50/ GALLON

### HOT TEA

QUALITY TEA BAGS, SUGARS, LEMON

INSULATED TO GO CONTAINER

\$17.50

### COFFEE SERVICE (SERVES 10-12)

SERVED WITH CUPS, CONDIMENTS AND IN AN  
INSULATED TO GO CONTAINER

REGULAR OR DECAFFEINATED

\$30.00

### STYROFOAM ICE CHEST

\$7.50 EACH

### BAG OF ICE

\$6.50 EACH



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